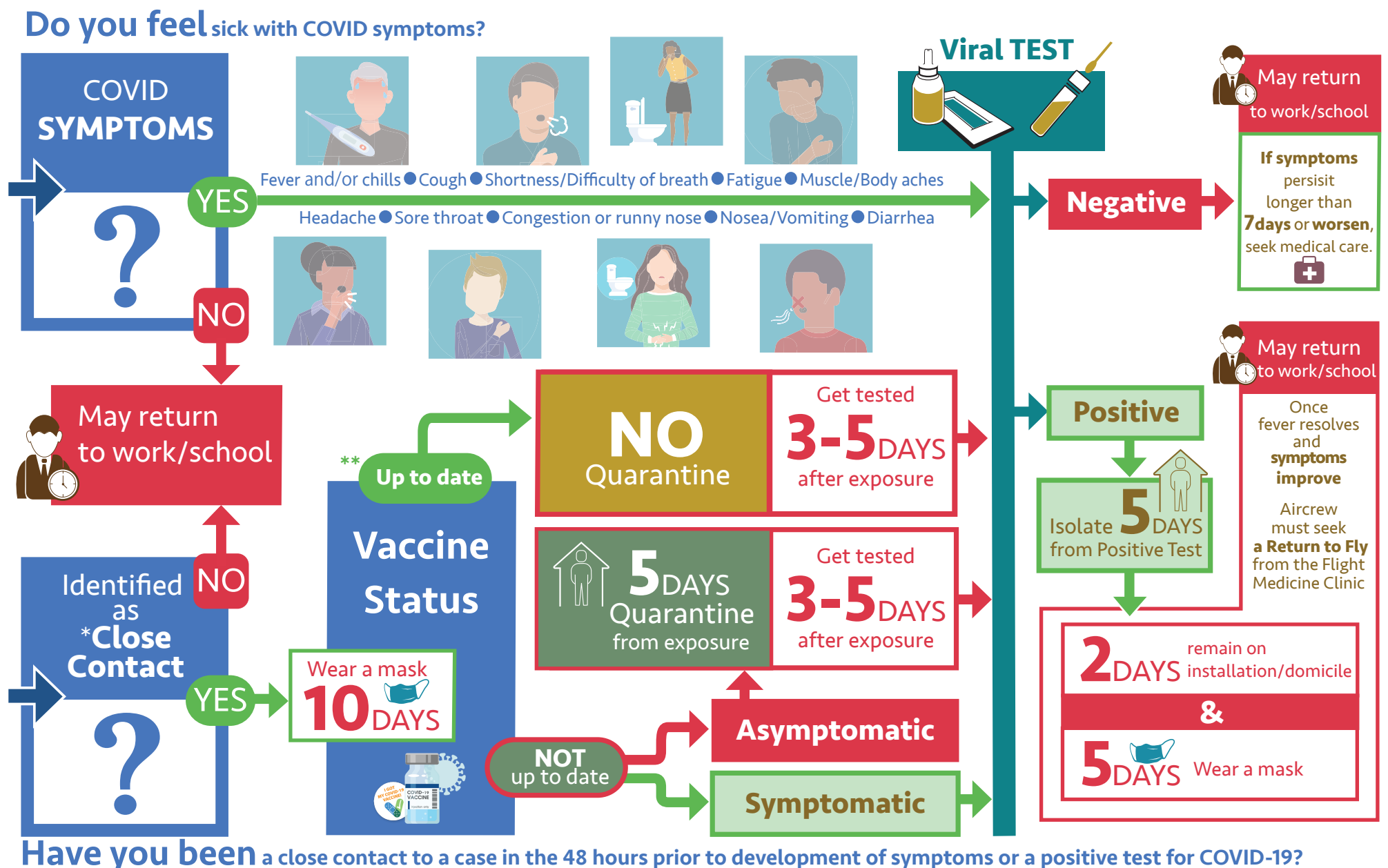


# COVID-19 Decision Matrix

Cao 2 May 2022



\***Close Contact** is defined as being within 6 feet of a person with a confirmed COVID positive test for greater than 15 cumulative minutes over a 24 hour period.

\*\* **Up to date** is defined as within 5 months of 2nd Pfizer or Moderna dose or within 2 months from J & J vaccine, or boosted.

## Additional Information

- Individual within 90 days of document recovery from lab-confirmed COVID-19 are not required to test or quarantine following an exposure unless symptomatic
- Where to get tested? 374 MDG: Monday through Friday 1000-1200  
Results can take up to 48 hours and are available on [tricareonline.com](https://www.tricareonline.com)
- Return to Fly : Call Flight Medicine at 225-5202
- If symptoms worsen, seek medical care
- Isolation 'days' start the day after symptom onset or positive test date
- Quarantine 'days' start the day after last day exposure
- Questions? : Consult with your chain of command